

Slim^{PM}

NIGHTTIME DRINK FOR WEIGHT MAINTENANCE

STORE IN A COOL, DRY PLACE.

MAKE IT

Mix one sachet with at least 16.9 fl. oz. cold water. Shake well until dissolved.

TAKE IT

Best used on an empty stomach 1.5 to 2 hours prior to a full night's rest.

DOSE

One sachet per day, no more than five consecutive days or as directed by your healthcare professional



Support Your Health While You Sleep!

Complete your day with our three-benefit dietary supplement, designed to assist in Leptin control to support a healthy metabolism while you sleep. Our formula promotes optimum wellness and utilizes a combination of antioxidants and L-Arginine to target cardiovascular wellness, endothelial cell cleansing, and Nitric Oxide production.*

The cumulative effect of cardiovascular health, antioxidation, endothelial cell cleansing, and metabolic support enables a number of components to provide double and even triple duty solutions. SlimPM is formulated to help support a healthy diet and exercise program as a part of an overall weight-control plan. A great product, and first to the market in every respect!*

This product supports a healthy lifestyle. Individual results are not guaranteed and may vary based on diet and exercise. We cannot and do not guarantee that you will attain a specific or particular result, and you accept the risk that results differ for each individual. Health, fitness, and nutrition success depends on each individual's background, dedication, desire, and motivation. Always consult your healthcare professional before consuming any dietary supplement.

Ingredients:

L-Arginine

This amino acid is a "building block" of protein. It stimulates the release of human growth hormones and other substances in the body. This, in turn, can promote strength and endurance when used as part of regular and sustained physical activity routine. In a study published by the National Library of Medicine, L-Arginine was shown to have promising effects on exercise results.¹

Curcumin

A common dietary supplement, curcumin has been shown in scientific studies shared by the National Library of Medicine to have a number of properties that support the healthy maintenance of a number of your body's systems.²

L-Citrulline

L-Citrulline is a naturally occurring amino acid found in food and also made in the body. Our bodies change L-citrulline into another amino acid called L-arginine and also to nitric oxide. L-citrulline can be a part of a healthy diet that supports healthy circulation.³

N-Acetyl L-Cysteine

N-acetyl cysteine (NAC) is used by the body to build antioxidants. Antioxidants are vitamins, minerals, and other nutrients that help maintain cell health, especially, as some studies have shown, after exercise.⁴

Rhodiola Rosea (root) extract

Rhodiola is a plant. The root is used in homeopathic medicine for increasing energy, endurance, strength, and mental capacity, and some scientific studies support that use.⁵

Banaba leaf extract

Banaba is an herbal remedy extracted from the leaves of Lagerstroemia speciosa, a tree native to Southeast Asia. Long used in folk medicine, Banaba is available in supplement form. With a healthy diet and exercise program, Banaba can support weight-maintenance efforts thanks to its effect on blood sugar levels.⁶

Instant BCAA 2:1:1

Instant BCAA 2:1:1 or BCAAs are known as branched chain amino acids. They are a form of amino acids that are essential to the human diet. BCAAs can support muscle recovery when used with a nutritious diet and exercise program.⁷

Choline Bitartrate

According to the National Institutes of Health, choline is an essential nutrient that assists cell and nerve function.⁸

Vanadium

Vanadium is a mineral that has a supportive effect on muscle cells when incorporated into a healthy exercise program.⁹

Vitamin B12

SlimPM is formulated with vitamin B12, which has one of the largest and most elaborate chemical structures of all the vitamins. This vitamin is essential for blood cell formation and supports metabolic health within the body.¹⁰

Vitamin B5 (Pantothenic Acid)

Pantothenic acid or vitamin B5 works in conjunction with the other B vitamins to produce energy from food. It is also critical to the production of red blood cells and aids in the breakdown of fats and carbohydrates.¹¹

Vitamin B3 (Niacinamide) and Niacin

Niacinamide is a form of vitamin B3 (niacin), one of the eight B vitamins your body needs for good health. Vitamin B3 plays a vital role in converting the food you eat into usable energy and helps your body's cells maintain healthy chemical reactions.¹²

Supplement Facts

Serving Size 9.5g
Servings Per Container 20

	Amount Per Serving	% Daily Value
Calories	24	
Calories from Fat	0	
Total Fat	0g	0%
Cholesterol	0g	0%
Sodium	0g	0%
Total Carbohydrate	1g	<1%
Dietary Fiber	0g	0%
Sugars	0g	**
Protein	0g	0%
Vitamin B3 (Niacinamide)	48mg	240%
Vitamin B3 (Nicotinic Acid)	20mg	100%
Folate	120 mg	30%
Vitamin B12	30 mg	500%
Vitamin B5	11 mg	110%
Chromium	300 mg	250%
Potassium	30mg	<1%
L-Arginine base	5g	**
L-Citrulline	100mg	**
N-Acetyl L-Cysteine	200mg	**
Rhodiola rosea (root) extract	175mg	**
Banaba leaf extract	125mg	**
Curcumin C3 Reduct	40mg	**
Instant BCAA 2:1:1	100mg	**
Choline Bitartrate	50mg	**
Vanadium	110mg	**

**Daily value not established

Folate

Folate is needed for the proper development of the human body and is often used in combination with other B vitamins. Folate acts by helping the body produce and maintain new cells. In particular, folic acid supports the development of red blood cells.¹³

Chromium

Chromium is a mineral commonly taken to aid with body conditioning. Chromium is important in maintaining a number of body systems.¹⁴

Potassium

Potassium is a mineral that's crucial for life. Potassium is necessary for the heart, kidneys, and other organs to work normally.¹⁵

Best Used With:

SlimAM supports your energy levels during your exercise program.*

All-natural Original & Instant Iaso[®] detox and cleansing tea removes & flushes harmful toxins.*

HSN has branched-chain amino acids (BCAAs) to maintain healthy protein synthesis.*

References:

1. National Library of Medicine <https://pubmed.ncbi.nlm.nih.gov/17143054/>
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5. National Library of Medicine <https://pubmed.ncbi.nlm.nih.gov/11410073/>
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9. Journal of Food Science and Technology <https://pubmed.ncbi.nlm.nih.gov/29666537/>
10. National Institutes of Health <https://ods.od.nih.gov/factsheets/VitaminB12-HealthProfessional/>
11. National Institutes of Health <https://ods.od.nih.gov/factsheets/PantothenicAcid-HealthProfessional/>
12. National Institutes of Health <https://ods.od.nih.gov/factsheets/Niacin-HealthProfessional/>
13. National Institutes of Health <https://medlineplus.gov/folicacid.html>
14. National Institutes of Health <https://ods.od.nih.gov/factsheets/Chromium-HealthProfessional/>
15. University of Michigan Health <https://www.uofmhealth.org/health-library/ta3912>



Total Life Changes[®], LLC
Fair Haven, MI 48023
1-810-471-3812
www.TotalLifeChanges.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. Keep out of reach of children. If you are pregnant or breastfeeding consult a doctor before using this product. If you are taking any medication, or have any type of medical issue, consult a healthcare professional before using this product. The Federal Food, Drug and Cosmetic Act requires this notice.