

SlimPaste

APPETITE SUPPRESSING TOOTHPASTE

STORE IN A COOL, DRY PLACE.

Directions: Apply an ample amount of SlimPaste to your toothbrush. Brush thoroughly for two minutes. For best results brush teeth morning, noon and night.



Healthy Smile, Healthy Weight, Healthier You!

Enjoy the health benefits of the new SlimPaste! Get everything you have ever wanted in a toothpaste, right here.

Our SlimPaste is made with peppermint, ginger, and cinnamon that not only freshens your breath, but may also help to curb your appetite and control your cravings! Other beneficial ingredients include coconut oil and other mineral-rich components to help reduce plaque, harmful bacteria and tooth decay.*

This product supports a healthy lifestyle. Individual results are not guaranteed and may vary based on diet and exercise. We cannot and do not guarantee that you will attain a specific or particular result, and you accept the risk that results differ for each individual. Health, fitness, and nutrition success depends on each individual's background, dedication, desire, and motivation. Always consult your healthcare professional before consuming any dietary supplement.

Glycerin and Fluoride Free.

Ingredients:

Organic Coconut oil

Coconut oil, or copra oil, is an edible oil extracted from the kernel or meat of mature coconuts harvested from the coconut palm. It is high in lauric acid, which supports maintaining your overall wellness. Coconut oil has been shown in scientific studies to have antibacterial properties¹, which could be beneficial to keeping your mouth healthy.*

Sea Salt

Sea salt is salt that is produced by the evaporation of seawater. Calcium, magnesium, silicon, phosphorus, sodium, nickel and iron are just a few of many trace elements and minerals found in sea salt. Clinical studies have proven that sea salt can be a part of a program aimed at keeping your mouth and teeth healthy.²

Bentonite Clay

Calcium bentonite clay is an absorbent kind of clay that typically forms after volcanic ash ages. Bentonite clay is known in traditional medicine to have antibacterial properties, and recent studies support that notion.³

Organic Peppermint essential oil

Peppermint oil is derived from the peppermint plant. A cross between water mint and spearmint, it supports a

number of healthy body systems and also freshens breath. Known to provide a number of health benefits,⁴ it's also believed that peppermint oil can help control appetite.*

Stevioside powder

Stevioside, a compound extracted from stevia leaves, is a sweetener that stands out among the natural sweeteners. This extract is a white powder composed of stevioside and its anomers, the rebaudiosides, which are responsible for the sweetness of the compound. It's prized for its ability to add sweetness without adding calories, and can be sustainably harvested.⁵

Organic Green Tea

Green tea is a type of tea that is made from *Camellia sinensis* leaves and buds that have not undergone the same withering and oxidation process used to make oolong teas and black teas. It is loaded with antioxidants and nutrients that have powerful effects on the body. Green tea has been shown to support a healthy metabolism.⁶

Organic Cinnamon Leaf essential oil

Cinnamon leaf oil comes from *Cinnamomum verum* from the Laurel (*Lauraceae*) plant family. The oil extracted from cinnamon leaves contain phenols and many beneficial components. An excellent fragrance and flavoring agent, Cinnamon is an excellent essential oil for controlling appetite because studies indicate it may help maintain healthy blood glucose levels, which play an important role in feelings of hunger.⁷

Organic Ginger essential oil

Ginger oil comes from ginger root (*Zingiber officinale*), a pungent, peculiar-looking underground rhizome. Ginger essential oil has warming and soothing properties that make it useful in everyday life. Its flavor helps combat cravings. In homeopathic medicine it's used to support digestive and metabolic wellness. The National Institutes of Health suggest ginger may have properties that help maintain healthy digestion.⁸

Sodium Bicarbonate

Sodium Bicarbonate is the monosodium salt of carbonic acid with alkalizing and electrolyte replacement properties. Sodium bicarbonate is also known as baking soda, bread soda, bicarbonate of soda and cooking soda. Studies indicate that toothpaste containing baking soda seems to remove plaque more effectively than toothpaste without it.⁹

Zinc Oxide

Zinc oxide is made from zinc, a type of metallic element found in nature. It's a common addition to toothpaste for the way it supports overall mouth health and the antibacterial properties of zinc ions.¹⁰

Xanthan Gum

Xanthan gum is a polysaccharide used as a common food additive. It is an effective thickening agent and stabilizer to prevent ingredients from separating.*

Best Used With:

ProZ is a two-capsule combination of all-natural probiotic, prebiotic, and enzyme blend combined with a formula designed to help you naturally and effortlessly relax from your day, get the rest you need, and feel great in the morning.*

Resolution Drops dietary supplement supports a healthy weight management plan.*

NutraBurst** liquid multivitamin dietary supplement replenishes vital nutrients and minerals.*

References:

- 1 National Institutes of Health <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6817632/>
- 2 National Center for Biotechnology Information
- 3 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6966125/>
- 4 National Center for Biotechnology Information
- 5 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2895274/>
- 6 National Institutes of Health <https://www.nccih.nih.gov/health/peppermint-oil>
- 7 Nutrition Today <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4890837/>
- 8 National Center for Biotechnology Information
- 9 <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2748751/>
- 10 National Institutes of Health <https://www.nccih.nih.gov/health/cinnamon>
- 11 National Institutes of Health <https://www.nccih.nih.gov/health/ginger>
- 12 National Library of Medicine <https://pubmed.ncbi.nlm.nih.gov/11524863/>
- 13 10 Biomed Research International <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4037608/>



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