

Phyte

DAILY VEGETABLE REJUVENATION DRINK

STORE IN A COOL, DRY PLACE.

MAKE IT

Mix one sachet in 4-8 oz. of purified/spring water or juice.

TAKE IT

Best taken with breakfast or lunch.

DOSE

One sachet daily.



Plant-based Power

A great way to increase your daily vegetables! Phyte is an alkalinizing, plant-based powder loaded with whole foods and proprietary blends of certified organic Wheat Grass, Barley Grass, and Alfalfa Leaf.

Other nutrient-rich ingredients include Spirulina, Chlorella, Spinach Leaf, Nettle Leaf, Dandelion Leaf, and Beet Juice Powder.

Phyte is also a rich source of phytonutrients, antioxidants, protein, fiber, vitamins, trace minerals, and minerals. All ingredients come from whole food sources. *

This product supports a healthy lifestyle. Individual results are not guaranteed and may vary based on diet and exercise. We cannot and do not guarantee that you will attain a specific or particular result, and you accept the risk that results differ for each individual. Health, fitness, and nutrition success depends on each individual's background, dedication, desire, and motivation. Always consult your healthcare professional before consuming any dietary supplement.

Ingredients:

Chlorella Powder

Chlorella powder is an ideal detoxifying superfood algae. Rich in chlorophyll, it is an important nutrient for cleansing the body.* It also contains high levels of protein, antioxidants, vitamins, and minerals that may assist in maintaining a healthy digestive system and an overall feeling of wellness. You might even feel an increase in energy.¹

Spirulina Powder

Spirulina is a type of blue-green algae that can be taken as a dietary supplement. It is considered a superfood due to its excellent nutritional content and health benefits. Spirulina has a high protein and vitamin content. Research suggests that spirulina helps maintain overall wellness when used as part of a nutritious diet. It contains calcium, a high concentration of iron, omega 3, 6 & 9, thiamine, riboflavin, folic acid, vitamin C, vitamin D, vitamin A, and vitamin E.²

Organic Wheatgrass Powder

The above-ground parts, roots, and rhizome of wheatgrass are used to make medicine. Wheatgrass is primarily used as a concentrated source of nutrients. It contains vitamin A, vitamin C, and vitamin E, iron, calcium, magnesium, and amino acids, and studies show it provides support for a number of body systems.³

Organic Barley Grass Powder

Barley grass is the leaf of the barley plant, as opposed to the grain. Nutrient dense, it can help support the body as it maintains its health or responds to damage.⁴

Organic Alfalfa Leaf Powder

Alfalfa, also known as lucerne or Medicago sativa, is a plant that is a part of the legume family, but it's also considered to be an herb. The extensive root system allows the plant to absorb a high level of nutrients from the soil. Alfalfa leaf is very high in protein and amino acids. This plant also contains calcium, chlorophyll, and many essential vitamins including vitamin B, vitamin C, vitamin D, vitamin E, vitamin K.⁵

Apple Pectin

Apple pectin is a type of soluble fiber naturally present in apples. Available in dietary supplement form, it's used by traditionalists for a number of health conditions, and clinical trials indicate it can support a healthy digestive system.⁶

Licorice Root

The word "licorice" refers to the root of a plant called Glycyrrhiza glabra. It's native to Europe and Asia. The plant is actually classified as a weed in those areas. Licorice root has a number of properties that contribute to a body's overall health and wellness. It's especially known for its contribution to maintaining a healthy digestive system.⁷

Spinach Leaf Powder

Spinach is a superfood. It is loaded with tons of nutrients in a low-calorie package. Dark, leafy greens like spinach support skin, hair, and bone health. They also provide protein, iron, vitamins, and minerals. Spinach powder is made by grinding dried spinach leaves into finely textured green powder. It is loaded with a wide range of nutrients including beta-carotene, iron, and fiber. These and other nutrients that are abundant in spinach powder have been associated with numerous benefits including supporting eyesight and digestive wellness.⁸

Beet Root

Scientists are still working to understand all of the benefits of beet root, made from the beet plant's taproot section. Studies suggest that beet root assists in maintaining healthy circulatory systems and other might have other uses.⁹

Nettle Leaf Powder

Stinging nettle offers a variety of vitamins, minerals, fatty acids, amino acids, polyphenols and pigments. Nettle contains vitamins C and K, B vitamins, as well as minerals like calcium,

Supplement Facts

Serving Size 1 Sachet (approximately 8.3g)
Servings Per Container 30

	Amount Per Serving	% Daily Value*
Calories	30	
Total Fat	0g	0%
Sodium (OmniMinAC™)	20mg	1%
Potassium (OmniMinAC™)	17mg	<1%
Total Carbohydrates	5g	1%
Sugars	0g	**
Fiber	2g	8%
Protein	2g	4%
Chloride (OmniMinAC™)	33mg	<1%
Magnesium (OmniMinAC™)	17mg	4%
TLC Super Greens Phyto Blend	7.5g	**
<small>Organic wheat grass powder, organic barley grass powder, organic alfalfa leaf powder, spirulina powder, chlorella powder, apple pectin, licorice root, spinach leaf powder, beet root, nettle leaf powder, dandelion leaf powder</small>		
OmniMinAC™ Trace Minerals	50mg	**

**Daily Value Not Established

Other Ingredients: Malic acid, Natural flavor, Stevia

magnesium and iron, to name a few. It also has amino acids and antioxidants, which may help fight free radicals. Nettle is a popular homeopathic treatment in Mexico, and its use in a number of ways is supported by recent studies.¹⁰

Dandelion Leaf Powder

Dandelion is the unassuming powerhouse of herbal medicine. It is packed with beneficial nutrients that allow it to make substantial contributions toward supporting good health. Dandelion leaves offer beta-carotene, thiamin, riboflavin, calcium, iron, zinc, and magnesium. They have loads of potassium.¹¹

Best Used With:

Chaga is an all-natural health-supporting superfood that functions as a powerful antioxidant.*

HSN has branched-chain amino acids (BCAAs) to help trigger protein synthesis.*

Life Drops help support a healthy diet and weight-loss plan, leaving you feel energized.*

References:

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